

Under Pressure?

Are you getting what you want
from your life?

Constant Deadlines?

Are you achieving all you set
out to achieve?

Challenging Times?

Is the direction you are heading in,
one you have deliberately chosen
for yourself?



changeintelligence

Accredited
NLP Practitioner
Programme

Why Change Intelligence?

Change Intelligence has an established presence with a variety of market leading organisations. Primarily engaged as dynamic people developers, Change Intelligence show businesses and individuals how to benefit from those development challenges that continuous change often brings with it.

Change Intelligence provide great insight in to the questions or choices that many people face in every day life. Using refreshing and pragmatic, 'real world', training and coaching methods which are embedded in the practices of NLP.

Ultimately, Change Intelligence hold a genuine desire to offer people the chance to be personally inspired to manage their lives even more successfully.

As a result, Change Intelligence offer the Accredited NLP Practitioner Programme.

Accredited NLP Practitioner Programme

At Change Intelligence we specialise in offering a range of development options. Selected programmes are accredited by a leading global body for business and interpersonal communication excellence. We focus on personal growth linked to business impact.

The accredited NLP Practitioner Programme combines distance learning using CDs, energetic and challenging training and coaching at a ratio of not more than 1 coach to 6 participants.

The emphasis of the programme combines experiential and practical learning, with adequate time between modules to practice and integrate learnt techniques into your everyday life.

Our approach focuses on a personal interest in 'you' the participant, and in your progress throughout the programme, and beyond...



What is NLP?

Neuro Linguistic Programming (NLP) is the name given to the highly developed body of research and practical insight into the relationship between individual experiences and behaviour. Our Practitioner Programme provides the opportunity to explore the link between the two, and prompts practical awareness of:

- How self limiting we can be
- How anything really is possible for me

ANLP Accreditation

Accreditation opens up many opportunities including becoming a Master NLP Practitioner, or an NLP Coach.

Graduates can gain further competence through practice groups, conferences and publications to continue individual development.

Programme Benefits

- Identify the results you want and set challenging and achievable actions
- Build your self confidence and communicate purposefully
- Develop productive relationships
- Influence and motivate yourself and others
- Be more creative and innovative
- Manage your time and prioritise more effectively
- Sharpen your focus and personal effectiveness
- Develop your sense of ownership and accountability, and encourage others to do the same
- Demonstrate the practical value of your learning (in your work and at home) so that it is appreciated and encouraged by the significant people in your life

What can I expect from the programme

Expect to come away from this programme having accelerated your capability to succeed in multiple aspects of your life. Having laid the foundations for a work and home life that's rooted in: integrity, sensitivity (to yourself, and to others), focus, quality, continuous learning and most importantly, taking action as a result.

- Be personally coached throughout; and at the same time, apply your own coaching skills to develop others
- Grow the habit of coaching yourself and others, to realise exceptional performance
- Experience a balance between theory and practical input
- Undertake supplementary projects and evaluation activities (for accreditation purposes) outside of the 'classroom'
- Learn in a friendly and supportive group environment



“Participants are learning something new, finding & creating new solutions to their issues and challenges.”

“Making progress without feeling like it's hard work, we equip individuals to sustain their own learning.”

Programme Leaders

Coaches are chosen specifically to support programmes based on their personal experience, expertise and suitability.

They are personally selected according to personal 'fit', in addition to strict evaluation and accreditation criteria.



Karen Footman

“We know what matters, but we don't choose it. Realising this is one thing. After that, the hardest thing is doing something about it. That's what we are all about.”

Karen Footman

An INLPTA qualified NLP Trainer, Karen Footman heads up Change Intelligence. A highly experienced senior HR and change manager, she has 14 years experience in high profile HR management, change management and consultancy roles.

She graduated with a BA (Econ) from Manchester University and gained a postgraduate Diploma (HRM) from Warwick University. Her style is energising, good humoured and challenging.

Above all, Karen is a natural, insightful teacher and coach. She is passionate about developing herself, and as such, offers inspiration and encouragement to those who seek the courage to do the same.

Emma Leadbeater

Emma has been using the tools of NLP for over 6 years since becoming an accredited NLP Master Practitioner. Rapidly rising to the pinnacle of her industry, she has received bespoke awards for outstanding business achievement.

Her belief is that the insight and self awareness she has is worth more than

anything else.

Emma makes choices that support her in living a rich and purposeful life. She believes that by surrounding herself with people who accept and support her values and purpose, she develops exceptional relationships.



Emma Leadbeater

“Within the programme, my coaching style of passion, energy and belief in people's potential, supports others to create and live the life they want.”

Sara Penter



“If you believe the same stuff as everyone else you’re going to end up getting the same results. So when is now a good time to change?”

Sara Penter

Sara is a NLP and MBTI practitioner, SHL psychometric testing practitioner, a qualified aromatherapist and Reiki practitioner, and a Fellow of the Chartered Institute of Personnel and Development (FCIPD).

Her energetic and positive style supports clients to recognise they can choose the results they want and then assists them to make their goals a reality. She is passionate about personal development and possesses a wealth

of experience, tools and techniques that will suit each and every client. Her coaching style is client focused, working with the client’s agenda to ensure they enhance their personal focus and resourcefulness to make things happen for themselves.

Nigel Hopps

Both as a senior manager and more recently as a management consultant, Nigel has a track record of achievement in the delivery of services and change management in the NHS and Local Government. In recent years he has developed a particular interest and expertise in improving patient processes within health and social systems planning.

For the last three years, as an independent management consultant, Nigel has worked with a diverse NHS client base including the Department of Health, the Royal College of Surgeons and the National Programme for IT, operating as Director for Delivery.

Nigel is a Master Practitioner of NLP and an experienced mentor and coach, achieving successful outcomes with clients from a variety of business sectors.



Nigel Hopps

“Realising we can all use the tools and techniques of NLP conversationally in business every day, has had a large impact upon me. Getting focused ‘on purpose’ is what it is all about.”

Lucie Hobson

Lucie is a specialist in Human Resource and Change management, with over 10 years experience working with large blue chip organisations like the Walt Disney Company as well as small, independent organisations.

Lucie is a Master Practitioner of NLP and also holds a degree in Business Studies and a post graduate diploma in Human Resource Management.

Her passion for NLP began whilst wait-

ing for her employer to sponsor her practitioner programme – realising she was living at the effect of somebody else she thought why wait?

She immediately embarked on a personal journey enabling her to change



Lucie Hobson

“Through NLP I developed the belief that everything that is happening is perfect for me and that I am learning and growing in some way. This belief allows me to find a positive and empowering meaning to every event. It’s a great place to live my life!”

the way she thinks and live her life. She has grown her own personal relationships beyond recognition, becoming clearer on her vision for life, and has greater influence over achieving success.

Lucie has a positive approach and high energy – she has a sparkle. Yet as a challenging and supportive coach she will help you push through your own boundaries. She has helped many people to discover what they really want and develop practical strategies for achieving success, whilst staying true to who they really are.

Testimonials

We pride ourselves on the individual attention we give to each of our clients; during programmes, coaching and thereafter.

Even better, our programmes typically comprise a network of successful people who learn a lot from each other, and continue to stay in touch as they go on to consolidate what they’ve experienced in their own lives.

“The programme was excellent. I spent time afterwards with a previously difficult customer, and with my new awareness and skills, concluded the meeting with a direct order that significantly increased sales”

David Smith

Change Intelligence Certified NLP Practitioner. Graduated 2005

“Not a ‘traditional’ course but an immensely valuable learning experience offering me a fresh personal perspective. I particularly valued the opportunity to receive 1:1 coaching.”

David Penter

National Grid

“After a very difficult year, both personally and professionally, I attended two of Karen’s courses. It gave me an insight into what had been holding me back, and the way in which I sabotaged my own efforts. I can now stand back and think about the message I want to impart, making sure I hit the mark.

I approached Karen to coach me when I had a particularly difficult colleague to deal with. She helped me to see his agenda, and I was able to take a different approach in my dealings with him, and de-fuse the bullying behaviour.”

Jane Hawkins

Change Intelligence Certified NLP Practitioner. Graduated 2005



Free Podcast

Download a free podcast on this programme and NLP by visiting

changeintelligence.com/podcast

Change Intelligence Supporting You

Your journey does not end once you have completed the Accredited NLP Practitioner Programme.

We will continue to support you by giving you free membership to the Change Intelligence Alumni, enabling you to access unique material such as regular audio podcasts, articles and reading lists, invites to future events and much more.

Programme Structure

- 9 day programme. One day Introduction followed by 2 modules of 4 days each
- 9 days' training, group and personal coaching
- Home study programme incorporating a manual, CDs and DVDs
- Practitioner certification
- Eligibility to join professional body - ANLP
- Free membership to the Change Intelligence Alumni Including access to events, podcasts, articles, reading lists and ongoing communication
- Programme cost of £2,499 +VAT. Home study pack £255 + VAT. Flexible payment options are available on request.

Programme Dates

The programme is located in Warwickshire on the following dates:

Spring Programme:

Module 1 - May 9,10,11,12

Module 2 - June 13,14,15,16

Summer Programme:

Module 1 - July 1,2,3,4

Module 2 - September 2,3,4,5

Dates to be confirmed.

Please visit:

www.changeintelligence.com for the latest information.

Meals and refreshments are available for purchase throughout the programme.

Continuing the commitment to individual development - a range of supporting personal coaching programmes are also available combining on line, telephone and one to one methodologies.

Contact Us

We hope the information in this PDF has answered some of your questions and inspired you to take part in this exciting programme.

Please contact us if you have any questions regarding this programme or if you would like further information on other products and services from Change Intelligence.

Free Podcast

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